

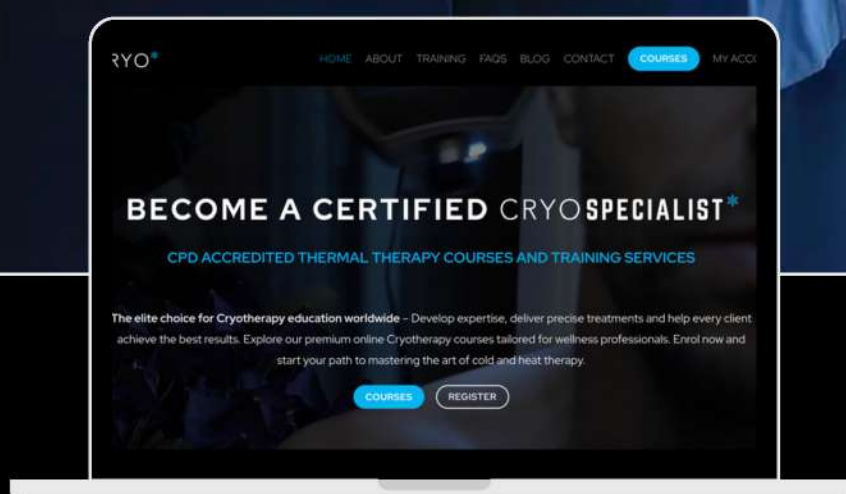
ADVANCEDCRYO\*

# CRYOTHERAPY EXPERTISE

BECOME A CRYOSPECIALIST\*  
CERTIFIED THERMAL THERAPY COURSES



CPD ACCREDITED  
COURSES



**AdvancedCryo deliver trusted, evidence-based online clinical training, developing professionals beyond device operation into highly qualified CryoSpecialists meeting elite clinical standards.**

AdvancedCryo are a global leader in Cryotherapy education, providing specialist training and expert support to the wellness, sports and rehabilitation sectors. Practitioners are certified as CryoSpecialists through advanced clinical education focused on the safe and effective application of thermal therapies.

Courses combine scientific evidence, clinical reasoning and practical application, covering all forms of cold and heat therapy to set a recognised standard of clinical excellence. AdvancedCryo qualifications and training services are designed to complement manufacturer-led training, ensuring practitioners gain both technical skill and therapeutic expertise.

## OUR SERVICES



Online Training  
Courses



Wellness  
Consultations



Live  
Workshops



Support  
Webinars



# BECOME AN ADVANCEDCRYO\* CERTIFIED CRYOSPECIALIST ❄️

## QUALIFY AS A THERMAL THERAPY SPECIALIST

Step into a new level of clinical excellence with our industry-recognised Cryotherapy Specialist Certification - a comprehensive, premium online training course designed for those seeking to **master cold and heat therapy**, and confidently lead in the thermal therapy field.

This course equips you with the clinical knowledge and hands-on expertise needed to deliver safe, effective and results-oriented care across a wide range of client needs. Through in-depth, expertly developed modules, you'll explore:

- The science behind cold exposure and heat therapy across all modalities.
- Localised and Systemic Cryostimulation (Cryosaunas, Cryochambers and ice baths): application, processes, guidelines, protocols and safety.
- Confidently prescribe and structure treatment sessions.

- Temperature-based interventions for inflammation, pain & injury management.
- Performance recovery strategies using saunas, contrast therapy and ice baths.
- Breath work integration to support physiological outcomes.

**This is the first and only course globally to deliver a complete, clinically relevant CPD accredited education in all forms of cold and heat therapy.**

Why does this matter? Because true therapeutic excellence requires more than using a single device, it requires understanding your client's condition, the biological phases of injury and inflammation and choosing the right thermal intervention at the right time. This course empowers you to personalise treatments, manage injuries at every stage and demonstrate unmatched credibility in your field.





## COURSE OVERVIEW

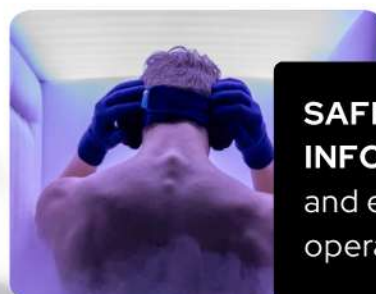
- 11 comprehensive modules
- 1 certification exam
- Access to learning resources

## WHAT YOU'LL LEARN

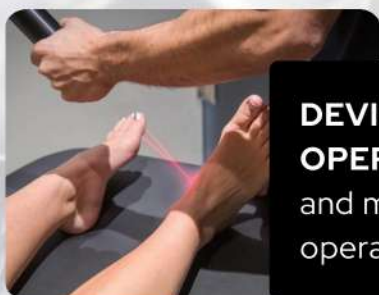
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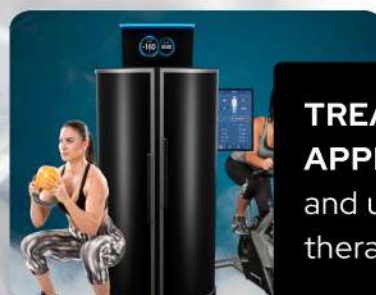
**FORMS OF  
CRYOTHERAPY**  
and their specific  
applications.



**SAFETY  
INFORMATION**  
and essential  
operational standards.



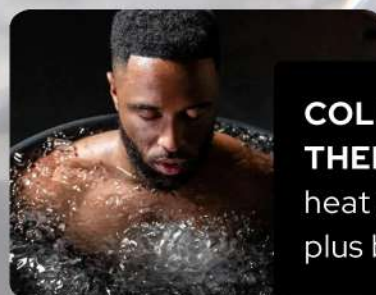
**DEVICE  
OPERATION**  
and master core  
operational skills.



**TREATMENT  
APPLICATION**  
and understand key  
therapeutic protocols.



**TREATMENT  
PROCESSES**  
and how Cryotherapy  
impacts the body.



**COLD SHOCK  
THERAPIES**  
heat and sauna use,  
plus breath work.

Gain access to our dedicated support group where expert educators are available to support student learning and answer questions

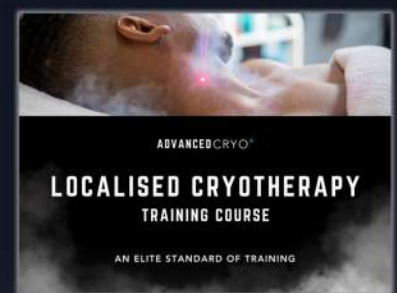
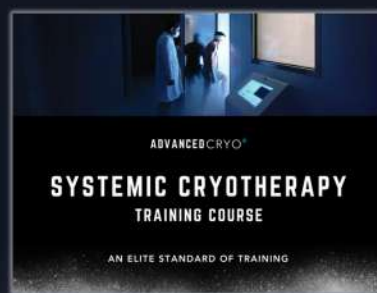
**CRYOCIRCLE**  
FOR CRYOSPECIALISTS

CPD ACCREDITED COURSES



# Master the art of cold and hot therapy

## SPECIALISED PREMIUM COURSES



## WHO WE ARE?

With over a decade of experience in the Cryotherapy industry, AdvancedCryo delivers expert knowledge in education, clinical application and elite athlete performance recovery.

After delivering 500+ certified clinical trainings and consultations, we identified a key gap - the need for expert-led education that supports therapists' long-term success. With roots in UK medical device distribution, our mission is to bridge this gap through elite training that drives professional and industry growth.

## WHAT WE DO?

AdvancedCryo offers a full range of training services, including 4 premium CPD accredited courses, one-to-one clinical webinars and CPD accredited Cryotherapy workshops. We also provide expert consultancy for distributors and manufacturers. Certified CryoSpecialists can also gain exclusive access to our *Guidelines and Protocols* support book, designed to enhance practical application.



**ADVANCEDCRYO** ❄️



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